



# CHILDREN'S HEALTH HISTORY FORM

Your child's overall health as well as any medications that your child takes could have an important interrelationship with the dental care your child receives. Please answer each of the following questions completely.

## Your child

Child's Name: \_\_\_\_\_  
Last First MI

Nickname: \_\_\_\_\_ Sex: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Child's Home Address: \_\_\_\_\_  
City State Zip

Phone #: ( ) \_\_\_\_\_

Person Responsible for Account: \_\_\_\_\_

Relationship: \_\_\_\_\_

Telephone #: \_\_\_\_\_

## Mother Stepmother Guardian

Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Employer: \_\_\_\_\_

Occupation: \_\_\_\_\_

## Father Stepfather Guardian

Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Employer: \_\_\_\_\_

Occupation: \_\_\_\_\_

## Parent's Marital Status

- Single     Married     Divorced
- Widowed     Separated

## Primary Dental Insurance

Insured's Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ SS #: \_\_\_\_\_

Employer: \_\_\_\_\_ Date Employed: \_\_\_\_\_

Occupation: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Insurance Co Phone #: \_\_\_\_\_

Group #: \_\_\_\_\_ Emp. #: \_\_\_\_\_

Insurance Co. Address: \_\_\_\_\_

Ded: \_\_\_\_\_ Max Annual Benefit: \_\_\_\_\_

Orthodontic Coverage?     Yes     No

## Additional Insurance

Insured's Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ SS #: \_\_\_\_\_

Employer: \_\_\_\_\_ Date Employed: \_\_\_\_\_

Occupation: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Insurance Co Phone #: \_\_\_\_\_

Group No: \_\_\_\_\_ Emp. #: \_\_\_\_\_

Insurance Co. Address: \_\_\_\_\_

Ded: \_\_\_\_\_ Max Annual Benefit: \_\_\_\_\_

Orthodontic Coverage?     Yes     No

## Who is responsible for making appointments?

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

Best Time to Call: (Time) \_\_\_\_\_ Days: \_\_\_\_\_

### Medical History

Has your child had any difficulty with previous visits? \_\_\_\_\_

Comments: \_\_\_\_\_

Is Minor / Child taking any prescription / over the counter drugs?

Yes       No

Please list each one: \_\_\_\_\_

Ever been hospitalized?       Yes       No

Ever had Surgery?       Yes       No

### Has you child ever had any of the following diseases or medical problems?

Asthma       Yes       No

Cancer       Yes       No

HIV/AIDS       Yes       No

Diabetes       Yes       No

Heart Murmur       Yes       No

Thyroid Disease       Yes       No

Allergies       Yes       No

Hepatitis       Yes       No

Hemophilia       Yes       No

Rheumatic Fever       Yes       No

Tuberculosis       Yes       No

Sinus Problems       Yes       No

Abnormal Bleeding       Yes       No

Drug / Alcohol Abuse       Yes       No

Handicaps / Disabilities       Yes       No

Congenital Heart Defect       Yes       No

Please explain any medical problems (including Allergies) that your child has: \_\_\_\_\_

**To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my child's health. I understand that it will be held in the strictest confidence, and it is my responsibility to inform this office of any changes in my child's medical status. I authorize the dental staff to perform any necessary dental services for my minor / child.**

Date

Signature

### Child's Habits

How often does your child brush? \_\_\_\_\_

How often does your child floss? \_\_\_\_\_

Date of last dental visit? \_\_\_\_\_

Previous Dentist: \_\_\_\_\_

Child's Physician: \_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_

Is your child's water fluoridated?       Yes       No

Does your child take fluoride supplements?       Yes       No

### Does your child:

Suck Thumb / Fingers?       Yes       No

Suck / Bite Lips?       Yes       No

Bite / Chew Nails?       Yes       No

Chew Hard Objects? (Pencils, etc.)       Yes       No

Grind Teeth?       Yes       No

Clench Jaws?       Yes       No

### Dentist's Review

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Signature: \_\_\_\_\_

### Health History Update

Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Dr. Signature: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Dr. Signature: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Dr. Signature: \_\_\_\_\_



## How to prepare your child for his or her first dental visit

Sometimes, children hear negative things about visiting the dentist and worry about going for the first time. Here are some tips to help ease your child's nerves so that his or her first dental visit can be a pleasant experience:

- **Don't** prepare them by saying things like, "I know you are scared, but it won't hurt much," or "You will be in big trouble if you don't behave at the dentist." Phrases like these indicate that there will be some pain involved, or that going to the dentist will be a scary experience.

- **Don't** talk about negative experiences you have had at the dentist.

- Practice counting your child's teeth by placing a toothbrush on each tooth and counting each one. Tell your child that the dentist is going to count his or her teeth and then clean them. This will help them to know what to expect so that they can be more at ease before the visit.

- When you talk to your children about going to the dentist, act like it is **no big deal**. You can also tell them that they will get a prize after the visit so they have something to look forward to.

- If your child is still afraid of coming to the dentist, we can have the first appointment be a "happy visit". We will let them ride up and down in the dental chair, suck the water out of a cup with the suction, "Mr. Thirsty", and choose a prize at the end. This will make them much more relaxed when they come for their real visit.

Once your child feels confident about going to the dentist, every visit will be worry-free.